

## LAURA PRIMARY SCHOOL

We're on the Web  
We're on Facebook  
We're on Skoolbag  
We're on SeeSaw



Government of South Australia  
Department for Education

### BIRTH TO PRIMARY

7th March, 2024



East Terrace, LAURA S.A. 5480  
dl.0220.admin@schools.sa.edu.au  
School : 86632543  
Pre-school: 86632252

#### DATES TO REMEMBER

11th March	ADELAIDE CUP Public Holiday
12th March	STUDENT FREE DAY Staff at Berry Street Training
13th March	PHOTOS
14th March	GHS ATHLETICS DAY
18th March	Governing Council Meeting
26th March	Mobile Library SAPSASA Tennis & Football Trials
28th March	9am Assembly Lunch order day
29th March	GOOD FRIDAY

1st April	EASTER MONDAY
2nd April	Parent Teacher Interviews SAPSASA Netball & Football Trials
3rd	Parent Teacher Interviews
4th April	Parent Teacher Interviews
8th April	SAPSASA Swimming Adelaide
9th April	Mobile Library
10th April	Basketball Carnival Jamestown
12th April	LAST DAY OF TERM, early dismissal 2:30pm

#### PRINCIPAL'S NEWS

Hi Everyone

I hope you are managing to keep cool in the warm weather this week. Next week is shaping up to be a very busy week at school with our first Student Free Day for our third Berry Street Professional Learning Day Tuesday, which will be followed by school photos on Wednesday. On Wednesday, the 2024 NAPLAN testing window will open and our year 3 and 5 students will complete the writing assessment on Thursday. The remainder of assessments will be held during week 8.

On Monday and Tuesday this week I attended the 2024 leaders conference and numeracy summit. Monday, we spent considerable time learning about the new public education strategy which will help guide schools in their improvement journey. The new strategy has a more broadened focus on areas of impact for school improvement and an increased focus on numeracy and wellbeing.

In 2024 we will have continued focus on Wellbeing at Laura Primary school which will be supported by the gradual implementation of the various elements of the Berry Street Education Model. Currently, in each class including the preschool are participating in a morning circle routine which focuses on a positive start to each day and a consistent routine for students to check in with staff. In addition to this, staff are utilising brain breaks which are intentional short interruptions to learning that promote a sustained focus on learning by resetting the brain. Each week each class has a lesson focussed on promoting positive wellbeing which is guided by the activities which you can refer to in your child's diary. In the first half of this year classes will be developing a classroom ready to learn plan, then transition to individual students having their own ready to learn plan part way through this year. Ready to learn plans are a pre arranged plan between children and their teacher about specific strategies that can be used to support each learner being in an optimal learning zone or 'ready to learn'.

A key factor to support children to be ready to learn is adequate sleep. We have noticed recently that after each weekend, an increasing number of students are struggling to regulate their emotions and therefore be 'ready to learn' due to lack of sleep. Adequate sleep recommendations vary between individuals and ages, it is suggested that toddlers (1-2 years) require 11-14 hours per night, preschool children (3-5 years) require 10-13 hours and school aged (6 -13 years) require 9-12 hours per night.

## PRINCIPAL'S NEWS

A child who does not get enough sleep may experience difficulties with concentration, memory, regulating their emotions, organising tasks and creative thinking. In addition to this, they may become easily distracted, irritable, disruptive, restless or hyperactive. A lack of health sleep has been linked to increased risk of mental health problems, poor growth, excessive weight gain and reduced school performance. Sleep is essential for growth, immunity, learning and memory. Please see the tips outlined below to help support maximising your children's sleep.

Some healthy sleep tips include the following;

- Have a regular routine (brush teeth, toilet, read book, bed),
- Encourage physical activity for children during the day,
- Monitor screen time, turn off screens at least 1 hour before bedtime & keep bedrooms device free
- Create a sleep supportive bedroom environment (minimise toys and dim the lights if possible)
- Avoid overscheduling so children have adequate down time before bed
- Seek medical support if your child has sleep problems (difficulty falling asleep, waking during the night, snoring etc).

I know that having consistent night time and sleep routines can be very difficult in the business of life. We seek your support promoting in a healthy sleep and rest routine for your children as we know adequate sleep can and will have a significant positive impact on wellbeing and learning for children.

Enjoy your long weekend .

Leanne



## SRC NEWS/LAURA PARADE

The SRC together with the school students discussed and voted the Laura Parade Theme. After shortlisting numerous ideas the students unanimously voted on the theme of FUTURE CAREERS.

For new families the school participates in the opening parade of the Laura Fair by dressing up to a theme. This years theme is FUTURE CAREERS. As per last year, students meet at the caravan park at 10:45am on Saturday 13th April with the parade starting at 11am. Students together with school staff walk along the length of the main street, finishing at the old bank across from the soap shop where they are then collected by parents.

Should you have any questions don't hesitate to contact the school.

Sandra Z

## What is the Autism Inclusion Teacher role?

I am given one day a fortnight in my AIT role to focus on strengthening our school community's inclusion of students on the autism spectrum.

The Department for Education provides an Autism Inclusion Multidisciplinary (AIM) team to support me in the AIT role. The team includes, senior advisor educators, developmental educator, psychologist, occupational therapist, speech pathologist and an Aboriginal cultural project officer. The information from the AIM team is evidence-based and informed by the autistic and autism community.

My role as an AIT is to pass on information, resources and training I receive from the AIM team to my colleagues. This term our focus is looking at the protective factor of school connectedness and the role positive peer relationships play in this.

If you have any questions or want to chat, I can be contacted at the school or on Seesaw.

Hilary Ferguson

## Laura Pre-school and Rural Care

### Preschool Quality Improvement Plan

Each year we have an improvement plan which details actions we will take to further improve different aspects of our service. An important part of the plan is our learning goal, which has a numeracy focus in 2024. Actions towards our numeracy goal include professional learning for our educator team, using numeracy-rich books, songs and nursery rhymes with children and supporting children's regulation and readiness to learn.

## PRESCHOOL QUALITY IMPROVEMENT PLAN

### OUR LEARNING GOAL AT THE PRESCHOOL CENTRE IS

To strengthen children's understanding and use of number to quantify.

We want to support children to develop their ability to count, compare more/less, combine and divide quantities and use numbers in their daily activities and play.



### SO WE ARE..

ACTION	ACTION	ACTION
Doing professional learning to develop our skills as early numeracy educators.	Providing based learning experiences for children using numeracy-rich texts, with a focus on nursery rhymes.	Supporting children to be regulated and ready to learn by focussing on relationships and wellbeing.



### Enrol now to start Kindy in Term 3, 2024

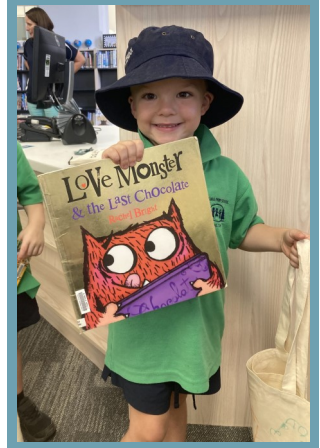
If your child turns 4 between 1st May and 31st October 2024, they can start Kindy at the beginning of Term 3 (July) this year. These children will have 4 terms of Kindy (Term 3 and 4 in 2024 and Term 1 and 2 in 2025) and start school in Term 3 2025. They will have 6 terms in Reception (Term 3 2025 until the end of Term 4 2026) and start Year 1 at the beginning of 2027. Please contact the Preschool Centre on 86632252 with any queries or to enrol your child.

### Reminders

- There is no Kindy or Rural Care on Monday 11th March as it is a Public Holiday.
- There is no Kindy on Tuesday 12th March as it is a Pupil Free Day. Alison and Mel will be joining the Primary School team to participate in Berry Street training, which is an approach to support children's regulation and wellbeing for learning. NB: The only Kindy day next week will be Wednesday 13th March.
- Photo day is Wednesday 13th March. Rural Care and Kindy children will be part of the whole school photo and Kindy children will also have a group photo and individual photos for children whose families have ordered them.
- Drop off times are 8am for Rural Care and 8.30am for Kindy. Please do not arrive before these times as educators are setting up and doing daily safety checks.
- Please put children's fruit/other healthy snack in the basket on arrival as this makes preparation for healthy snack time much quicker for us, which in turn allows us to be more present for the children. If your child's healthy snack needs refrigeration, it is helpful if it can be packed in a separate (named) container and placed in the fridge.

That's all for now from the Preschool Centre team!

### Kindy children visited the library on Monday



Woodwork was so much fun that we ran out of wood!



Investigating sound tubes in the sandpit.



## AWARDS WEEKS 4, 5 & 6



**Payton Gilby** received this award for always having a positive attitude to her learning applying herself to achieve good results and showing a caring nature towards others .

### CONGRATULATIONS PAYTON!

#### RECOGNITION AWARDS

**Kaden Palmer**– for challenging himself during IXL Maths trying year 4 questions.

**Hudson Schultz**– For becoming more independent with classroom jobs and his learning.

**Cody Bunting**– For trying hard to maintain concentration in class to finish her work on time.

**Connor Turner**– For challenging himself by participating in Literacy.

**Eden Boylan**– For always completing her work to a very high standard.

**Elizabeth Downing**– For her enthusiasm in Science and her contributions to the discussions.

**Zoe Petherick**– For her thoughtful predictions and bookwork in Science.

**Amara Falkous**– For her enthusiastic participation in PE.

**Ella Evans**– For writing excellent complex sentences, during Literacy Groups.

**Jade Smith**– For working hard to work independently and take care with her bookwork.

**Flynn Pech**– For asking thoughtful questions in Maths to clarify his thinking.

### KINDNESS OF THE MONTH AWARD

**Elizabeth Downing** received this award for always offering assistance to teachers, taking responsibility for doing jobs in the classroom and being a great support to younger students.

**Well done Elizabeth!**



#### KINDNESS AWARDS

**Mia Kalisch**- for checking in at the end of each day to see if any jobs need to be done.

**Cody Duke**- For helping Jackson come back to class and helping Amara during yard play.

**Blake Ackland**- For cleaning up the floor without being asked.

**Noah Willis**- For picking up rubbish at lunch time

**Abigail Downing**- For helping her classmate when they hurt themselves.

**Amara Falkous**- For caring for a hurt classmate.

**Angus Pech**- For helping others in the classroom when doing jobs.

**Cruz Kerr**- for encouraging his friend.

## SCHOOL PHOTOS WEDNESDAY 13TH MARCH

School photo ordering has moved to being online this year. NO PHOTO ORDER ENVELOPES WILL BE SENT HOME. See flyer in this newsletter for instructions on how to order online. If you require a paper order form, spares will be available at the school office.

If you would like a family photo, envelopes to order family photos are available from the office. This applies to school aged and preschool aged children only. Families and siblings must organise themselves to have photo taken. Family photos will be taken at ; 10.45am-11.15am OR 12.05pm until 12.30pm

If you have any questions regarding the online ordering please contact MSP Photography direct on: 08 85234480 or email: [admin.countrysa@msp.com.au](mailto:admin.countrysa@msp.com.au)

**PHOTO DAY WEDNESDAY 13th MARCH**



## PHOTO INFORMATION

# PHOTO DAY IS COMING

Your School Photo Day is on  
Wednesday 13 March  
2024



MSP PHOTOGRAPHY COUNTRY SA  
E admin.countrysa@msp.com.au  
T 08 8523 4480  
www.msp.com.au

## Laura Primary School

## HOW TO ORDER

Ordering online is quick and easy using the steps below!

### Step 1.

Click here or go to our ordering portal

<https://lauraps-sa.msp.photos/>

### Step 2.

Click 'Sign in with Student Details'

Online ordering closes  
Wednesday 13 March 2024

*An archive fee applies after this date*

Enter your child's surname and birthdate and you are ready to start ordering. Once logged in, you can also order for siblings and family photos.

Please note Sibling Photo orders must be placed BEFORE your last photo day.



## LUNCH ORDER COLLECTION

Friday 15th March	Week 7	
Friday 22nd March	Week 8	
Thursday 28th March	Week 9	Karen Clarke
Friday 5th April	Week 10	Kimberly Higgins
Friday 12th April	Week 11	

Volunteers are needed to collect lunches from Gladstone High School.

It involves picking up lunch crates from Laura Primary School at 12.50 and then delivering lunches back to the school by 1.25pm. Please ring the school to add your name to the list if you can help.

Thankyou

## COMMUNITY NOTICES



### JAMESTOWN FUTSAL 2024 – Junior & Adults

Registrations for Season 2024 are now open for junior and adult futsal.

Juniors born in 2018 and older are eligible to register and adults can register by team or individually.

Please use the links below to register:

<https://registration.playfootball.com.au/common/pages/req/WelcomeReqPlus.aspx?entityid=75897&save=0>

**Juniors and Adults** play Friday nights, in 'The Big Shed', Jamestown, from 5.00pm.

Please note, the first game of the season will be held on **Sunday, 28<sup>th</sup> April 2024 at 2pm.**

'**COME & TRY FUTSAL**' in 'The Big Shed' for juniors will be held on:

- Friday, 5<sup>th</sup> April – 5.00pm to 7.00pm.

There is no charge for this session. It's an opportunity to learn some basic skills and an introduction to playing futsal.

The Jamestown Futsal committee will be available to assist with registrations and any questions.

All players must be registered prior to commencing the season.

**REGISTRATIONS CLOSE SUNDAY, 7<sup>TH</sup> APRIL 2024.**

We are looking forward to welcoming our futsal families back for season 2024 and are excited to meet lots of new families.

Please share this information with anyone you know that may be interested that may not be on our mailing list.

**ALL ENQUIRIES OR QUESTIONS FOR FUTSAL OR SOCCER TO:** [jamestownfutsal@gmail.com](mailto:jamestownfutsal@gmail.com)

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**Messy Church**  
**Who is He?**  
 ♦ **Who:** All families are welcome.  
 ♦ **What:** Family fun activity time.  
 ♦ **Where:** Jamestown Uniting Church Hall  
 ♦ **When:** Sunday 17th March 2024  
 From 4pm—6pm  
**Cost: Donation**  
 Come along for a great time of fun, craft, and separate activities for Youth. Tea/Dinner is provided.  
 Organised by the Jamestown Churches.  
**All children must be accompanied by an adult.**  
 Contact: Leonie Thomas for more details: 0439 681 391  
 Kylie Kupke - Lutheran Church  
 Rosemary O'Leary and Wendy Cooper- Anglican Church  
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North Adelaide Football Club  
**FOOTY CLINIC**  
**AT PT AUGUSTA**

Thanks to  
**Beyond Bank**  
 AUSTRALIA

Our Senior Players are returning to Pt Augusta to run a full squad community clinic!

**Venue: Central Oval – 10 Augusta Tce, Pt Augusta, 5700**  
**Date: Sunday 25th February, 2024 | Time: 9:30am start**  
**Ages: 5 – 13**

PLEASE REGISTER VIA THE QR CODE TO SECURE YOUR SPOT

**LAURA LITERARY AWARDS**  
**2024**

Now Open for Entries  
 Closing Date Friday 10th May, 2024

Entry Forms and further information can be obtained from:  
[rockyriverrriters@hotmail.com](mailto:rockyriverrriters@hotmail.com)  
<https://rockyriverrriters.club/competitions>

With Categories being as follows:

Prose Award			
Section 1 Open	Prize \$200	a short story up to 1500 words	
Section 2 Young Adult 13-18	Prize \$50	a short story up to 1200 words	
Section 3 a) Primary 11-12 yrs	Prize \$25	a short story up to 800 words	
3 b) Primary 9-10 yrs	Prize \$25	a short story up to 800 words	
Section 4 Jun Primary 5-8yrs	Prize \$15	a short story up to 500 words	

The CJ Dennis Poetry Awards: Poem up to 60 lines for all sections

Section 5 Open	Prize \$200
Section 6 Open Bush Poetry	Prize \$200
Section 7 Young Adult 13-18	Prize \$50
Section 8 Junior 9-12	Prize \$25
Section 9 Jun Prim 5-8	Prize \$15

Rocky River Writers

**Season commences May 2024**

Register your interest now!

Junior teams play Saturday morning at Senate Road grounds, Port Pirie.

Senior teams play Monday night at Northern Demons or Savoy Soccer grounds, Port Pirie.

For more information contact Steve 0427 272 344.